

## AIT and Fertility Optimization for Men and Women

Fertility challenges affect both men and women, often stemming from toxicity, oxidative stress, nutrient deficiencies, and poor circulation to reproductive organs. AIT supports fertility by addressing these core dysfunctions and creating a healthier cellular environment for conception.

## For Women

- Cellular hydration through cellular infusion restores fluid balance in ovarian and uterine tissues, supporting egg quality and endometrial receptivity.
- Detoxification removes endocrine disruptors and heavy metals that can impair hormonal signaling and ovulation.
- Oxygenation improves mitochondrial function in reproductive tissues, supporting healthy cell division and embryo implantation.
- Infusions may reduce inflammation and improve hormonal resilience during assisted reproductive procedures (e.g., IVF).

## For Men

- AIT enhances testicular oxygenation and detoxification, promoting sperm production, motility, and morphology.
- Infusions help reduce oxidative stress and DNA fragmentation in sperm by supplying antioxidants, amino acids, and minerals essential for spermatogenesis.
- Cellular hydration improves seminal fluid quality and supports hormonal communication between the brain and testes.

## **AIT Fertility Enhancement Summary**

Fertility Focus	How AIT Helps
Female Fertility	Improves egg quality, detoxifies reproductive tissues, enhances oxygenation and hydration of ovaries and uterus
Male Fertility	Boosts sperm count, motility, DNA integrity, and testicular detoxification
Hormonal Support	Balances endocrine function by removing disruptors and improving glandular oxygenation
Conception Readiness	Optimizes the cellular environment for natural conception or assisted reproduction